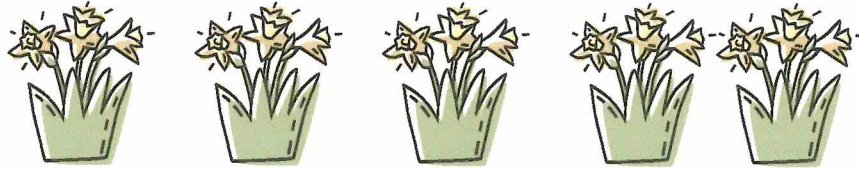


# Cantrell Primary School Newsletter 3<sup>rd</sup> June 2020



Hello everyone!

We welcome you all back to our weekly newsletter! As we begin to prepare for wider opening, we are re-instating our weekly newsletter, which is uploaded to the website. We hope you are all keeping safe and well and have made the most of the glorious weather.

The children who are attending school at the moment must remember to be prepared for the weather, **sun hat**, **sun cream** and **appropriate clothing/footwear** are essential please, as is a refillable **water bottle**. If your child has **hay fever**, **medication** is also essential.

## Reopening of school to more pupils

We cannot wait to have you all back! We are busily preparing rooms and other areas of school to make this happen safely. Please see the letter sent 22<sup>nd</sup> May for more information about the changes in school. We **do not have a date for each year group yet**, we will let you know as soon as we are ready.

To help your child prepare we have some guidance from the Educational Psychology Support team:

- ✚ **Listening to children**, talking to them and listening to any fears and worries they may have can help them to get the answers they need to feel safe.
- ✚ **Acknowledge their feelings are important**, they may well feel scared or angry that they need to go back to school. It is ok to feel scared or angry, and to get help to do what they are worried about. It is not ok to try to avoid doing what they are worried about, as avoidance of things often makes fears increase. Helping children understand that together they can face most of their fears is an important part of growing up.
- ✚ Teach children and young people **problem solving skills**, which they can apply when facing difficult situations or when trying to overcome a problem. Help them recall times when they have coped with change in the past.
- ✚ Help children **recognise the link between their thoughts, emotions and behaviours**. Carefully challenge unhelpful thoughts with positive examples
- ✚ If you still feel anxious about your child's return to school, ask to talk to staff. There will be a lot of support and planning in place to help keep children safe, and they will be able to explain how the school is planning to manage this transition, and what additional support is available for pupils.

## Message from a member of staff

Each week a member of staff will send a message; this week's comes from Mrs Whitaker:

"Hi Guys, Before the Corona lockdown, I decided to try and do things I've never done before. These are some things I have done although maybe not ones I had planned.

1. Made a table from a pallet
2. Done Joe Wicks workout every day
3. Taken a picture of fruit (with wobbly eyes) every day - ask to see my scrapbook of pictures
4. Learnt how to do origami

What new things have you done in these strange times? I hope reading every day is one of them. Write them down and come to tell me when we meet again." Mrs. Whitaker.

..... **COMMUNITY NEWS** .....

Job centre information:

Use this link <https://www.jobcentrerearne.com/> to help find the nearest Job Centre