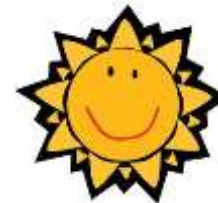




Cantrell Primary School

Newsletter 24th July 2020



We made it!

After what seems like an incredibly long year, we have reached the last day. When we started in September, we could not have predicted the course of this academic year. We often wonder what Josie would have made of it all – but all agree she would have made cakes to get us through it! She is still very much in our hearts and missed by us all.

The pandemic has brought us all closer as a community and the staff at school have been amazing as they always are. The teaching teams have been working hard every day to keep key workers able to work, to support vulnerable families with essential childcare, to keep in touch with all of the families and have created work packs to keep things going at home. The office team have worked tirelessly to support families at home, answering your many questions, ordering and printing endless free school meal vouchers and keeping everything running as smoothly as they can! The site team have been keeping us safe and the MDSA's keeping us looked after during lunchtimes. They simply have not stopped! I want to say a huge thank you to all of the team at Cantrell – and I am sure you will agree they are fantastic!

We appreciate it has not all been plain sailing at home, your dedication has not gone unnoticed and even if the effort has wavered be assured that we will pick up the work in September to get everyone back on track.

We do not know how things will be in September, but will endeavour to get back to some normality as soon as we can. In the meantime, have a lovely summer! Let's hope for sunshine!

***** COMMUNITY NEWS *****

Text Health Messaging Service. Nottingham CityCare has launched a new way for young people to get advice and support about health related issues. Young people aged 11-19 years can send a text to **07480 635024** or start a chat at www.chathealth.nhs.uk. We can help with all kinds of things including emotional health; relationships; self-harm; bullying; alcohol; healthy eating; drugs; smoking. Worried about your child's development? Nottingham CityCare has launched a new way for parents/carers of babies and children to get advice and support about health related issues. Parent/carers of babies and children can send a text to: **07480 635002** or start a chat at www.chathealth.nhs.uk. We can help with all kinds of things such as sleep; feeding; breastfeeding; bottle feeding; introducing solids; toileting; child health; adjusting to parenting; toddler behaviour. Your Text Health messaging service is run by Nottingham City's 0-19 Public Health Nursing (Health Visiting and School Nursing) Service, and is available Monday to Friday, 8:30 to 5pm (excluding Bank Holidays). We aim to reply to you within one working day and you should get an automatic reply to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact your GP, NHS 111 or dial 999 if it is an emergency. For more information go to: bit.ly/ChatHealthPrivacy.

Nottingham City Libraries. Don't waste a second of the holidays this summer! From taking part in Silly Squad, the online Summer Reading Challenge, sending in your book reviews for Love to Read, to enjoying nature with Storyparks, **there's something for all with Nottingham Libraries!** We have lots of things you can enjoy now ... but even more to come! Find out more here: [Summer of Fun programme](#).

Support for Children & Young people is available this summer. The Families Information Service provides free information, advice and guidance about organisations and services for children, young people and their families, including: details of all Ofsted-registered childcare providers, children's centres, family support, educational support including special educational needs and other specialist services. FREE phone: 0800 458 4114 or email: fis@nottinghamcity.gov.uk. Families Information Service is open Monday to Friday 8:30am to 5pm.

Activity Sessions. This summer there will be a range of activity sessions providing FREE Fun and Food. Activity sessions provided by the Council, local community or voluntary groups are likely to provide a 'Grab Bag' of snacks to take away with you at the end of the activity session – details vary according to the session organisers, all sessions provide a warm welcome, entertaining activities and lots of fun. Activity sessions must be booked in advance. To find sessions, and see how to book, please visit: www.asklion.co.uk/funandfood.

Worried about a child? There are many services available to support children and families in Nottingham. Children & Families Direct is a 'one-stop shop' which means you can access all of the services using just one telephone number or email address. Call: **0115 876 4800** or email: candfdirect@nottinghamcity.gov.uk. Our call handlers will answer your call and ensure that you are connected to the service you need. Children & Families Direct is open Monday to Friday, 8:30am to 5pm.

Register Office near Cantrell Primary School. Please follow this link for more information <https://www.registerofficenearme.com/>