

Cantrell Primary School Newsletter 14th January 2022

PARENTS EVENING. These will take place virtually week commencing **17th January 2022**. We will be using SchoolCloud again, an online system. Invites and information will be sent to parents via email so please make sure we have an up to date, working email address for you. Please send details including your child's name, to: admin@cantrell.nottingham.sch.uk.

LOST PROPERTY. All lost property from last term will be given to charity if not collected by **Friday 21st January**. If you believe any of the items belong to your child, please collect them before this date. We also have a number of lost items from this term including water bottles, gloves and coats. These will be held until February half term. Items not collected will be discarded. Thank you.

FINAL REMINDER TO APPLY FOR YOUR CHILD'S SCHOOL PLACE. The closing date for receipt of applications is tomorrow, **Saturday 15th January 2022**. If you have a child born between 1st September 2017 and 31st August 2018, it is time for you to apply for his/her school place for September 2022. Apply online at www.nottinghamcity.gov.uk/FirstAdmissionApplication.

CORONAVIRUS UPDATE. Self-isolation changes to rules from Monday 17th January 2022. If your child, or someone in your household, develops symptoms then *you must self-isolate and seek a PCR test* bookable at <https://www.gov.uk/get-coronavirus-test>, or call **119**. Officially the self-isolation period remains at 10 days. However, the Government have announced that, from Monday 17 January, people who test positive will be able to leave self-isolation after five full days, subject to the following provisions:

- The day symptoms begin, or people first test positive, is day zero
- The next day is day one of their isolation period
- A lateral flow test can be taken on day five
- If the result is negative, a further test can be taken at least 24 hours later, on day six. Assuming this is also negative, and they do not have a temperature, they can leave isolation
- The same rules apply whether people are vaccinated or not.

A reminder that if you have one or more of these symptoms then you should not rely on Lateral Flow Device for a test result – you need to book a PCR test. The three main symptoms are: * a high temperature; * a new, continuous cough; * you've lost your sense of smell or taste or it's changed. There are local walk-through test sites at Duke Street car park in Bulwell (behind Iceland) and Southglade Leisure Centre.

LOCAL COVID VACCINATION SITE. There are now two vaccination sites within Bulwell Riverside. On the ground floor, the Riverside Pharmacy is offering both booked and walk in appointments for people aged 18 and over Monday - Sunday 9am - 7pm. On the first floor, Leen View surgery is offering booked appointments to anyone aged 16 and over but young people aged 12 – 15 years can just walk in. This is not just for people who are patients at the surgery. Their vaccination times are 9am - 6pm during this week and 8am - 7pm on Saturday and Sunday. You can book an appointment for either site on <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>. Just put in the postcode NG6 8QJ and select the site you wish to book at. There are slots available now. If you are attending the Leen View surgery site, just go straight to the first floor as the vaccination queue downstairs is just for the Riverside Pharmacy site.

WINTER WARMER SCHOOL DINNER MENU. Kitchen staff will prepare a special menu on **Thursday 20th January**: Sausage and creamy mashed potato with onion gravy and peas (red meal); Veggie Sausage and creamy mashed potato with onion gravy and peas (green meal); Cheese & Tomato Panini with Diced Potatoes and Baked Beans (yellow meal); Chocolate Orange Muffin; Fresh Fruit Salad. Allergen menu is also available. Children in Reception, Year 1 and Year 2 are entitled to a *free* universal school meal. Children in years 3 – 6 may also be eligible for income related free school meals. Please enquire at the school office for more information.

***** COMMUNITY NEWS *****

TuVida Nottinghamshire Carers Hub. Offering support for parent carers of Children and Young People with Disabilities and Additional Needs. **The Carers Hub can offer:**

- * Information, advice & guidance
- * Support from Parent Carer lead and Mental Health lead
- * Carer Support Groups
- * Access to breaks
- * Young Carers Support Groups in Nottinghamshire
- * Listening and emotional support
- * Carer drop-in sessions
- * Social activities and outings
- * Access to Respite Services for over 18's
- * Evening support calls to working carers

Virtual Support Group via Zoom. Parent Carer Support Group Thursday 27 January 2022 7pm - 8pm; Thursday 17 February 2022 10:30am - 11:30am; Thursday 24 March 2022 7pm - 8pm. Come and join us for information & advice on • SEND support at school & college • Transition to adulthood • Support with mental health • Exclusions • EHC plans • Parent Carer Support Groups. To register as a parent carer or to book on please contact: Nottinghamshire Carers Hub @ Tuvida 0115 824 8824, nottinghamshirehub@tuvida.org.