

# CANTRELL PRIMARY AND NURSERY SCHOOL



## PSHE POLICY

October 2019

*See also Behaviour Policy, Drugs Education Policy, Sex and Relationships Education Policy, Food Policy, Anti-Bullying Policy and Health & Safety Policy.*

### **Mission Statement**

Our mission at Cantrell Primary and Nursery School is to provide a school that:

Encourages learning

Is positive, caring, nurturing and inclusive

Promotes a healthy lifestyle

Is a safe, supportive and happy place for children

Strives for excellence both in its staff and pupils

Is creative and innovative

Is open and welcoming to parents and both the local and wider community

### **Aims and Objectives**

Working in collaboration with the PSHE coordinators of our link schools, a skills learning ladder was developed in 2014. This is based on the Primary PSHE Skills Ladder printed by Nottingham City. For each year group from Year 1-Year 6 key skills to be covered are listed. Each year group is asked to complete, retrospectively, a copy of this sheet to show coverage for each term.

The skills ladder comprises the following headings/subheadings:

Living In The Wider World		Relationships		Health & Wellbeing			
Financial Education	Citizenship	SRE	SEAL	SRE	Staying Safe	Keeping Healthy	E-Safety

This school follows and values the SEAL (Social and Emotional Aspects of Learning) Scheme of Work.

#### **Aims of SEAL:**

- To nurture effective and successful learners.
- To make and sustain friendships.
- To deal with and resolve conflict effectively and fairly.
- To solve problems with others or by themselves.
- To manage strong feelings such as frustration, anger and anxiety.
- To be able to promote calm and optimistic states that promote the achievement of goals.

Cantrell Primary and Nursery School is committed to the development of SEAL as a whole school approach.

## **Equality of Opportunity**

The school ensures that each child has access to SEAL, with each child revisiting the themes every year of their Primary school life.

The whole year's outline for SEAL is as follows: New Beginnings, Getting On and Falling Out, Say No To Bullying, Going For Goals, Good To Be Me, Relationships, Changes

## **Role of the Subject Leader**

The role of the PSHE Co-ordinator is to:

- Help the senior management lead and develop PSHE throughout the school
- Provide guidance and support, if needed, to staff and children
- Keep up to date with developments in PSHE and inform staff
- Review and monitor the success and progress that the school, staff and children make
- Monitor the subject through collecting evidence of year group planning, discussion with children and staff etc.
- Ensure adequate resources are available to staff

## **Teaching and Learning Styles**

We use a range of teaching and learning styles to meet the PSHE and Citizenship requirements of the National Curriculum. The children will experience discussions, paired work, small group work, role-play activities.

The children in each class are encouraged to create their own class list of agreed class rules to help foster respect and good behaviour in their learning environment.

## **PSHE and Citizenship Curriculum Planning**

We recognise that a considerable amount of the PSHE and Citizenship curriculum can be delivered through SEAL and the RE curriculum. Sometimes PSHE and citizenship can be introduced through cross-curricular teaching with other subjects, for example we might encourage children to be healthy when focusing on Our Body in Science. Sometimes, we teach discreet lessons for example when dealing with issues related to drugs education or bullying.

PSHE and citizenship is developed through various events and activities that take place during the year for example whole school fund-raising days for local or international causes; the School Council meets to discuss school matters and organise events.

Residential visits are organised in both Key Stage 1 and 2 to promote positive group work, improve self-esteem and enable children to experience a range of healthy and challenging outdoor activities.

## **PSHE and Being Healthy**

Children are encouraged in KS1 to eat the daily healthy snacks provided.

Through class discussion and cross-curricular work their awareness is raised of the importance of choosing and eating healthy food and taking exercise.

Separate provision is made for Drugs Education and Sex and Relationships Education. See separate policies for more detail.

## **The Foundation Stage**

PSHE is addressed through SEAL and underpins every aspect of the Foundation Stage experience. In the Foundation Stage the learning outcomes are logged in the Foundation Stage Profile as set out in the Early Learning Goals.

## **PSHE and Citizenship and Inclusion**

All children are taught to develop their PSHE and Citizenship skills and support is offered regardless of their ability. Those who have specific difficulties are identified and appropriate teaching or organisational strategies are employed by the teaching staff.

## **Resources**

A range of materials and resources are available to support teaching and learning. These are kept in the Annexe building adjacent to the main school. Specific SEAL resources are kept on the server. The PSHE Skills Learning Ladder is kept on the server.

## **Monitoring and Review**

The quality of teaching and learning of PSHE is monitored in accordance with the School's monitoring timetable. Lessons are monitored by the PSHE co-ordinator across all key stages through collection of work completed by the children, discussions with the children and photos of displays.

All information is reported back to the Head Teacher via a subject leader report which is presented at designated Governors meeting through the year.