

CANTRELL PRIMARY AND NURSERY SCHOOL



PHYSICAL EDUCATION POLICY

2017

General Statement

Each child is entitled to participate in PE lessons involving all the **essential** Areas of Activity applicable to the relevant Key Stage:-

Key Stage 1	Key Stage 2
<ul style="list-style-type: none">• Gymnastic Activities• Dance Activities• Games Activities	<ul style="list-style-type: none">• Gymnastic Activities• Dance Activities• Games Activities• Swimming Activities & Water Safety• Athletic Activities or Outdoor & Adventurous Activities

PE plays an important role in the curriculum of the school. The school has football and cricket teams. A Sports Day takes place each year. The school makes annual visits to Anglesey and Hathersage in Derbyshire, where elements of the Outdoor and Adventurous Area of Activity are covered. Some lessons are taught by a coach from Sports Coaching Limited.

Specific Aims for PE

- To achieve high standards in all areas of PE.
- To contribute to the physical development of each child.
- To enable each child to experience a sense of achievement through physical activity.
- To enable children to discover the physical potential of their bodies.
- To develop a range of psycho-motor skills.
- To develop an understanding and appreciation of the purposes, forms and conventions of a selection of physical activities.
- To develop an appreciation of the concepts of fair play, honest competition and good sportsmanship.
- To develop an understanding of the importance of exercise in maintaining a healthy life.

Scheme of Work and Planning

For lessons taught by the Sports Coach, the Sports Coaching Limited scheme of work is used, for lessons taught by class teachers, the Rawmarsh scheme of work for Gymnastic Activities, Dance Activities, Games Activities and Athletic Activities is used.

Each lesson must have a clearly defined learning objective which is shared with the pupils. Each lesson must include a warm up activity, a cool down activity and a plenary.

Monitoring and Assessment

PE is monitored in accordance with the school monitoring timetable and relevant reports are produced.

A report to the Governor responsible for PE is written at the end of each term.

All reports are filed in the Subject Leader's File.

Equality of Opportunity

The school must ensure that each child has equal access to the areas of PE that his/her year group is required to cover.

All activities, space, facilities (except toilets) and equipment in the school must be available to both boys and girls.

Clothing and Footwear

At the beginning of each school year, parents are informed of the days when their child is involved in PE activities.

PE kit must come into school on Monday and stay in school all week. Swimming kit is brought in and taken home on the relevant day.

Children without suitable clothing/footwear will not take part in the lesson physically but must observe the lesson and interact verbally if appropriate.

A letter or text is sent to parents if a child is persistently without the correct PE/Swimming kit.

Teachers must wear training shoes for all PE lessons. For swimming lessons teachers may choose to be barefooted.

Indoor lessons:

Children must wear a plain white T-shirt and plain black/navy blue shorts.

Children must be barefooted when working on the apparatus.

For non-apparatus indoor activities it is left to the discretion of the teacher as to whether children wear plimsolls/training shoes or are barefooted.

Outdoor lessons:-

In warm/hot weather children can wear the indoor kit plus training shoes. The wearing of sun hats must be encouraged by the class teacher for lessons conducted in very hot temperatures.

In cold weather children must wear track suit bottoms and a track suit top/sweatshirt over their T-shirt.

Swimming lessons:-

Standard swimming costumes and trunks must be worn. Loose fitting beach shorts are not allowed.

Goggles can only be worn in swimming lessons if a parent has made a written request for their child to wear them.

Safety in PE lessons

Children must work in comparative silence during all PE lessons, except in circumstances where they are required to communicate with other children e.g. group work in gymnastic activities, team games.

Teachers must position themselves so that they are able to view the whole class.

The school has agreed methods by which hall apparatus is moved and set up by the children. These methods must be adhered to by all classes to ensure a consistent approach.

Each class must have an adult observer for **each pool** that is used for swimming lessons.

The pool evacuation procedure is rehearsed at the swimming baths at least once each half-term.

Jewellery (including earrings) must not be worn during any PE lesson. If a child has recently acquired earrings it is common practice not to remove them for a period of six weeks. In this situation the child must cover them with a hat (**not** plasters) in swimming lessons and plasters in other PE lessons.

Exemption from PE lessons

A child may only be granted exemption from a PE lesson on receipt of a letter from a parent or following a conversation with a parent.