

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Cantrell Primary

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Pizza Monday



Tuck In Tuesday

Roasty Toasty Feast Wednesday

Around the World Thursday

Fish Friday



Main

Meat Feast Pizza

Hot Dog

Roast Turkey

Beef Spaghetti Bolognaise

Fish Fingers

Cheese & Tomato Pizza

Veggie Hot Dog

Quorn Roast

Macaroni Cheese

Fishless Fingers

Served with Garlic Bread & Coleslaw

Served with Wedges

Served with Cloudy Mash Mountains & Yorkshires & Gravy

Served with Baguette Slice

Served with Crispy Oven Chips & Tomato Sauce

Seasonal Veg/Salad

Crunchy Carrot & Cucumber Batons / Crispy Fresh Salad

Baked Beans / Crispy Fresh salad

Crunchy Carrots & Broccoli Trees

Cooked Carrots / Crispy Fresh Salad

Power Peas / Crispy Fresh Salad

Something Different

Jacket Potato with choice of filling (Cheese / Tuna)

Veggie Meatball Pasta served with Baguette Slice & Crispy Fresh Salad

Cheese & Tomato Panini served with Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Cheese Sandwich served with Crispy Fresh Salad

Dessert

Jelly and Fruit

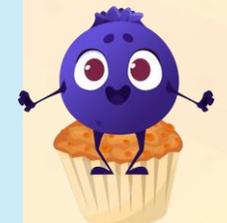
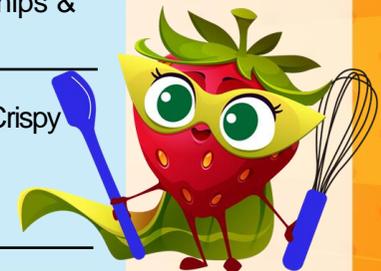
Jam Drop Biscuit with Milk

Apple Muffin

Marble Cake & Custard

Chocolate Crispy Cakes & Milk

Fresh Fruit Salad



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Pizza Monday

Tuck In Tuesday

Roasty Toasty Feast Wednesday

Around the World Thursday

Fish Friday

Main

BBQ Chicken Pizza

Beef Burger

Roast Pork

Chicken Curry

Fish Fingers



Cheese & Tomato Pizza.

Veggie Burger

Quorn Roast

veggie Mexican Fiesta Wrap

Salmon Fish Fingers

Served with Garlic Bread & Coleslaw

Served with Diced Potatoes

Served with Cloudy Mash Mountains, Yorkshire Pudding & Gravy

Served with Rice

Served with Crispy Oven Chips & Ketchup



Seasonal Veg/Salad

Carrot & Cucumber Batons/ Crispy Fresh Salad

Baked Beans / Crispy Fresh Salad

Crunchy Carrots & Broccoli Trees

Sunshine Sweetcorn/ Crispy Fresh Salad

Power Peas / Crispy Fresh Salad



Something Different

Jacket Potato with choice of filling (Cheese / Tuna)

Mascarpone Pasta Served with Baguette Slice & Crispy Fresh Salad

Cheese and Tomato Panini Served with Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Cheese Sandwich served with Crispy Fresh Salad



Dessert

Oaty Cookies

Corn Flake Tart & Custard

Chocolate Shortbread

Iced Mandarin Sponge & Milk

Iced Carrot and Pineapple Muffin and Milk



Fresh Fruit Salad



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Pizza Monday

Ham Pizza

Cheese & Tomato Pizza

Served with Garlic Bread and Coleslaw

Carrot & Cucumber Batons / Crispy Fresh Salad

Tomato & Basil Pasta Served Baguette Slice

Flapjack & Raisins

Fresh Fruit Salad

Tuck In Tuesday

Homemade Pork Sausage Roll

Cheese Snack

Served with Potato Wedges

Baked Beans / Crispy Fresh Salad

Jacket Potato With a choice of filling (Cheese Tuna or Beans)

Ice Cream & Fruit.

Fresh Fruit Salad

Roasty Toasty Feast Wednesday

Roast Chicken

Veggie Sausage

Served with Mash Mountains Yorkshire Pudding & Gravy

Crunchy Carrots & Broccoli Trees

Cheese & Tomato Panini Served With Crispy Fresh Salad

Chocolate & Orange Cookie.

Fresh Fruit Salad

Around the World Thursday

BBQ Chicken

BBQ Quorn

Served with flatbread & Rice

Sunshine Sweetcorn / Crispy Fresh Salad

Pizza Pasta Served With Baguette & Crispy Fresh Salad

Chocolate Fudge Pudding & Custard

Fresh Fruit salad

Fish Friday

Breaded Fish Portion

Fishless Fingers

Served with Oven Chips & Ketchup

Power Peas / Fresh Salad

Cheese Sandwich Served with Crispy Fresh Salad

Bakewell Muffin & Milk

Fresh Fruit Salad



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