


Week: 1

Date: 6th March, 27th March, 1st May,
22nd May, 19th June, 10th July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Cantrell

Monday


Tuesday


Wednesday


Thursday


Friday

Main


 Jacket Potato with Veg
Chilli served with
Carrots


 Chicken & Tomato
Pasta Bake served with
Baguette Slice and
Sweetcorn



 Roast Pork & Stuffing,
Gravy served with
Organic Roast Potato &
Fresh Vegetable
Medley



 Beef Spaghetti
Bolognese served with
Baguette Slice & Peas


MSC Salmon Cakes
served with Oven
Chips, Tomato Sauce
and Baked Beans


 Tomato & Basil Pasta
served with Baguette
Slice and Carrots

 Macaroni & Cheese
served with Baguette
Slice and Broccoli


  Quorn Roast, stuffing
& Gravy served with
Organic Roast Potato &
Fresh Vegetable
Medley

  Quorn Cottage Pie
with Gravy and Peas

 Cheese & Tomato
Pizza served with Oven
Chips & Sweetcorn

 Cheese Sandwich
served with Mixed
Salad

Ham Baguette served
with Mixed Salad

 Cheese Panini
served with
Mixed Salad

Tuna Salad Wrap
served with Carrot
sticks & Cherry
Tomatoes

Jacket Potato with
Tuna Mayonnaise,
served with Baked
Beans

Dessert

Angel Mousse & Fruit

Orange Muffin

Oaty Cookie

Pear & Ginger Sponge
& Custard

Ginger Biscuit

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

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Week: 2

Date: 20th February, 13th March, 17th April,
8th May, 5th June, 26th June, 17th July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. V = Vegetarian

For Allergen information please ask a member of the catering team.

Cantrell



Monday

Tuesday

Wednesday

Thursday

Friday



Main

V Tomato Mascarpone Pasta served with Baguette Slice & Carrots

UK All day Breakfast served with Bread & Butter and Baked Beans

UK Roast Turkey served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Fresh Vegetable Medley

UK Chicken Punjabi Curry served with Flatbread, Rice and Broccoli

MSC Fish served with Oven Chips, Peas

V Veggie Spaghetti Bolognese served with Baguette slice and Carrots

V Veggie All day Breakfast served with Bread & Butter and Baked Beans

V Quorn Roast Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Fresh Vegetable Medley

V Cheese & Tomato Snack served with Mashed Potatoes & Broccoli

V Cheese & Tomato Pizza served with Oven Chips & Peas

Tuna Mayonnaise Sub Roll and Mixed Salad

Ham Baguette and Mixed Salad

V Cheese & Tomato Panini served with Mixed Salad

V Jacket Potato & Tuna Mayonnaise, served with Sweetcorn

V Fajita Quorn Wrap with Oven Chips and Peas

Dessert

Iced Chocolate Shortbread

Jelly & Fruit

Flapjack served with Raisins/sultanas Milk

Cornflake Tart with Custard

Chocolate Muffin Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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Week: 3

Date: 27th February, 20th March, 24th April,
15th May, 12th June, 3rd July, 24th July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. ✓ = Vegetarian

For Allergen information please ask a member of the catering team.



Cantrell

Monday

✓ Potato & Chickpea Curry served with Flatbread Bread, Rice & Carrots

✓ Veggie Ball Pasta with tomato & Basil sauce served with Baguette Slice & Carrots

✓ Cheese Sandwich with Mixed Salad

Flapjack served with Milk

Fresh Fruit Salad

Tuesday

✓ BBQ Chicken served with Rice and Sweetcorn

✓ Tomato & Basil Pasta served with Baguette Slice and Sweetcorn

Ham Sub Roll served with Mixed Salad

Iced Mandarin Sponge & Custard

Fresh Fruit Salad

Wednesday

✓ Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley

✓ Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley

Tuna & Cheese Panini served with Mixed Salad

Oaty Cookie Milk

Fresh Fruit Salad

Thursday

✓ Pork Sausage and Yorkshire Pudding and Onion Gravy, Mashed Potato & Peas

✓ Veggie Sausage and Yorkshire Pudding with Onion gravy, Mashed Potato & Peas

✓ Tomato & Basil Pasta served with Baguette Slice and Mixed Salad

Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad

Friday

✓ MSC Fish Fingers served with Oven Chips and Baked Beans

✓ Cheese & Tomato Pizza served with Oven Chips & Baked Beans

✓ Jacket Potato & Cheese, served with Baked Beans

Chocolate Krispie Cake & Fruit Wedges

Fresh Fruit Salad



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